

## May 2020 E-Newsletter

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### COVID-19 Information

During this unprecedented threat to the public's health, UPHA stands behind Utah's public health professionals who work continuously to create conditions where all Utahns can be as healthy as possible. UPHA is committed to the health and safety of all communities and shares our concern for humanity at this time. [Visit the COVID page on the UPHA website to find current information, news articles, resources, My Story, ways to serve, and tips for staying healthy.](#)



### My Story

We want to record your story as a public health professional during the COVID-19 pandemic. Stories can be big or small, personal or professional, serious or humorous. We will compile your accounts and share (with your permission) with our membership. **To share your story, please email [president@upha.org](mailto:president@upha.org) and include your name, public health role, and how you would like to be identified. [Find My Story HERE.](#)**

## MY STORY

This is a unique opportunity to be close to our families and take things slowly.  
This is going to end, but we have to be patient. This is a time to learn, listen, and follow directions.

-Tetea Woffinden

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## 2020 Public Health Conference for Utah POSTPONED

UPHA has made the difficult but necessary decision to postpone the 2020 Public Health Conference for Utah. Visit [UPHA.ORG](http://UPHA.ORG) and follow us on social media to see updates on rescheduling the conference.

### Award Nominations are Still Open!

There is still time to nominate your colleagues for UPHA's annual awards. Take a few minutes to share the great accomplishments of your co-workers and partners. Please submit your nominations to [ivy@co.davis.ut.us](mailto:ivy@co.davis.ut.us) by **5pm May 29th**. Visit [UPHA.ORG](http://UPHA.ORG) to learn more about the awards.

### Board Nominations are Still Open!

There is still time to run for the UPHA Board! The UPHA Nominations Committee will be accepting nominations until **May 15th**. Contact a member of the Committee (below) for more information. UPHA elections will be a little different this year. Voting will be **online only** and will open from **May 27th- June 10th**. The results will be announced at the UPHA Virtual Business Meeting on June 12th. **In order to vote, you need to be an active member of UPHA.** [Click here for information about renewing your membership.](#)

Nominations Committee:

1. Hilary Makris - 435-277-2364 - [hmakris@tooelehealth.org](mailto:hmakris@tooelehealth.org)
2. Jacob Isaacson - 435-299-9684 - [jisaacson@tricountyhealth.com](mailto:jisaacson@tricountyhealth.com)
3. Kelly Teemant - 801-560-2324 - [kelly.teemant@hsc.utah.edu](mailto:kelly.teemant@hsc.utah.edu)



## UPHA Virtual Annual Business Meeting

While we have postponed the annual conference, the business show must go on! All members are invited to participate in the meeting. Key agenda items include:

1. Executive Director's Report
2. Annual Reports from the President, Unit and Section Leads, and Student Assembly President
3. Annual Budget and Treasurer's Report
4. Election Results and Officer Transitions
5. Resolutions

## Statement on Hydroxychloroquine

UPHA believes that public health and healthcare decisions should be made using evidence-based science. Without proper evidence from clinical trials, hydroxychloroquine should not be used to treat COVID-19 patients outside of a hospital setting. [While the FDA has issued an Emergency Use Authorization to allow providers to use the drug on hospitalized patients whose symptoms are not improving, the authorization has strict guidelines and requires extensive monitoring by the provider.](#) Additionally the FDA strongly cautions against using the drug outside of a hospital setting. Hydroxychloroquine has numerous potential side effects including, but not limited to, cardiac arrhythmias, muscle weakness, and decreased blood sugar. Early evidence from clinical trials indicates that the risks may be worse than the potential benefits, particularly for people with underlying conditions. UPHA supports evidence-based strategies that help slow the spread of COVID-19 including washing hands and social distancing.

**HYDROXYCHLOROQUINE**

**WHAT IS IT?**  
An arthritis medicine that can also be used to prevent and treat malaria.

**WHAT ARE THE SIDE EFFECTS?**  
Side effects may include cardiac arrhythmia, muscle weakness, decreased blood sugar, and mood and mental changes.

**HYDROXYCHLOROQUINE AND COVID**  
The FDA has approved providers to use the drug on hospitalized COVID-19 patients whose symptoms are not improving, but cautions against using the drug outside of the hospital.

Utah Public Health Association

## What Else You Need to Know . . .

- If you, a family member, or someone you know doesn't have health insurance, Take Care Utah may be able to help. There are a variety of remote enrollment options available. [Click HERE to learn more.](#)
- While Utah has moved to the COVID-19 moderate risk phase, individuals in high-risk categories, including older adults and those who are immunocompromised, should continue to follow "high risk" protocols. A new page has been added to [coronavirus.utah.gov](https://coronavirus.utah.gov) to provide more information about high risk individuals.
- Due to increased demand on food pantries, Salt Lake County Health Department, in partnership with AQUEHS Corp, launched [FeedUt.org](https://FeedUt.org). The site helps residents find the nearest food service locations.
- [Check out the latest issue of the American Journal of Public Health](#)
- [Watch the APHA COVID-19 Conversations Webinar Series](#)
- ASTHO is offering an introductory online course for entry-level COVID-19 contact tracers. Click [HERE](#) to learn more.

UPHA Board Members			
President	Sharon Talboys	Student Assembly President	Marci Harris
President Elect	Patty Cross	Communications Unit	JoDee Baker
Vice President	Rebecca Fronberg		Julie Gast
Immediate Past President	Anna Dillingham		Sarah Hodson
Treasurer	Braden Ainsworth	Fiscal Unit	Shaheen Hossain
Secretary	Pam Lyon		Turner Bitton
APHA Affiliate	Teresa Garrett		Jaron Halford
Executive Director	Paul Wightman	Advocacy Unit	Brittany Guerra
			Christy Cushing
			Carrie Butler