September always seems like a new beginning with summer coming to a close and the start of the school year. It’s a chance to set new goals and recommit to old ones. That’s what we did at an UPHA leadership retreat at the end of July. Board members, section chairs, committee members, and student leaders all met to review together our commitments to the association and to public health in Utah. We made plans for making progress on our strategic plan priorities and explored how we can support one another in our efforts. There’s lots of exciting work going on throughout the association!

Some of the things we’re looking forward to in the coming months are:

• Big changes for the UPHA website… a new look, increased functionality, and updated content that will reflect our diverse efforts.
• Conducting a member & constituent survey so that we can best serve and engage current/future members.
• Participating in advocacy efforts to add our collective voice to initiatives such as Proposition 3 to expand Medicaid in Utah.
• Awarding mini grants to support projects that are helping Utah communities live healthier lives.
• Refreshing the association’s brand with the development of a communication plan.
• Sharing some of our successes in presentations at the APHA Annual Meeting.

I owe a big thank you to all of UPHA’s volunteer leaders that give so much of their time and expertise to make sure the association successfully meets its mission to protect and improve the public’s health. I’m incredibly grateful for the chance I have to work alongside such talented and committed individuals. If you haven’t yet become a member of UPHA (or if it’s been a while), I hope you will join us and get involved in all the exciting work going on!

UPHA Leadership Retreat Attendees
UPHA SURVEY: WHAT CAN UPHA DO FOR YOU?

The UPHA membership services committee has created an email to learn more about our members, past-members, and potential members. If you have colleagues in public health or related fields who may not know about or be involved in the UPHA and may not be on our distribution lists, please invite them to participate by forwarding this link. [Click here to begin survey](https://healthutah.co1.qualtrics.com/jfe/form/SV_23vU08wrkIDLRBj)

or copy and paste this url into your browser: https://healthutah.co1.qualtrics.com/jfe/form/SV_23vU08wrkIDLRBj

NONPROFITS MUST ENGAGE IN ADVOCACY

*From Kate Rubalcava and the Utah Nonprofit News:* Nonprofit Everyday Advocacy means just that – Advocacy yesterday, today and tomorrow – it also means casting your ballot in every election that comes to your district. Because I receive so many questions about what we can do as nonprofit organizations, I’d like to talk about some of the ways nonprofits can engage in advocacy, the reasons behind the ‘why’, and some things that are on the table right now on the national stage. [Read more.](#)

And if you hail from Southern Utah, check out our Meeting on [Everyday Advocacy for Nonprofits](#).

APHA ANNUAL MEETING AND EXPO NEWS

JOIN US IN SAN DIEGO!

[Registration](#) and [housing](#) are open for APHA 2018, taking place Nov 10-14. There’s a lot to look forward to:

- View the [Online Program](#) to find abstracts, speakers, sessions and events.
- Earn [continuing education credits](#) (additional fees apply).
- Attend a pre-meeting [Learning Institute](#) featuring in-depth sessions on topics such as scientific writing, leadership skills and how to publish scientific work (additional fees apply).
- Meet with exhibitors to learn about their latest products, services and programs at the [Public Health Expo](#).

It doesn’t end there. [Find out more](#) about everything taking place at the APHA Annual Meeting.
**AHEC ANNUAL PRIMARY CARE SUMMIT**

Please join Utah AHEC for the 3rd Annual Primary Care Summit where primary care stakeholders from across the state of Utah will share perspectives on primary care workforce concerns, celebrate accomplishments from the past year, and continue the discussion on a comprehensive statewide strategic plan to address the glaring shortages in Utah’s primary care workforce. Breakfast and lunch will be served. Please register at [http://utahahec.org/primary-care-summit/register/](http://utahahec.org/primary-care-summit/register/) and please feel free to share this invitation with those who would be interested!

**UPHA SUPPORTS PROP 3: UTAH DECIDES HEALTH CARE**

**Utah Decides Healthcare**

Utah Decides Healthcare, now known as Proposition 3, is up for vote this November. Proposition 3 let’s Utah voters take charge of the healthcare coverage available some of the most vulnerable populations in our state. If it passes, coverage will be available to more than 150,000 people—many with chronic illness and families to care for—who may not otherwise qualify for Medicaid or subsidized plans. Securing Medicaid coverage increases access to important services that help Utahns lead healthier, happier, and more productive lives. See the press release here: [https://utahbusiness.com/medicaid-expansion-would-be-a-boon-for-utahs-economy-if-approved-by-voters-new-study-says/](https://utahbusiness.com/medicaid-expansion-would-be-a-boon-for-utahs-economy-if-approved-by-voters-new-study-says/)

Want to get involved? Volunteer opportunities are available! Check out this link for a list of events, and to sign up! [https://action.utahdecides.org/page/s/upcoming-vol-opps](https://action.utahdecides.org/page/s/upcoming-vol-opps)

**UPHA SEEKING INTERNS**

UPHA is looking for interns to work with Board members on a variety of projects in the following areas: advocacy, member services, and communications. If you are interested in seeing how the board of a professional non-profit works, this might be the internship opportunity for you! An ideal candidate will be in their junior or senior year of schooling, or a graduate student. Candidates must be able to work highly independently, with multiple members of the board. We are seeking someone with the following skills and/or an interest in learning: data analysis, data entry, organization, social media, writing, website publishing, advocacy.

UPHA internships are unpaid, however, all expenses and mileage incurred while working on UPHA – related projects will be reimbursed. Also, interns will receive a complementary UPHA membership and conference registration for the 2019 Utah Conference for Public Health.

**The deadline to apply is Sunday, September 16.** For more information, or to apply, go to: [https://goo.gl/forms/4wX700wxQ6nxQH433](https://goo.gl/forms/4wX700wxQ6nxQH433)
UTAH’S 4TH ANNUAL ONE HEALTH SYMPOSIUM

SAVE THE DATE!
Utah’s 4th Annual One Health Symposium

KEYNOTE SPEAKER Dr. Bess Pierce, DVM, MS, DACVIM-SA, DACVSMR-Canine Specialty, DABVP-Canine and Feline Practice
PLENARY SPEAKER: Dr. Aubrey H. Fine Ed.D

The Human Animal Bond
Other Topics Include:

- Service Animals
- Homeless & Pets
- Equine Therapy
- Algae Blooms & Biomonitoring
- Bats & Rabies
- Ticks
- Kratom
- Tularemia

November 2, 2018
7:30 AM Check-in
8:00 AM – 4:00 PM

Early Bird Registration = $100 Regular = $160

Conservation Garden Park
8275 South 1300 West, West Jordan, UT 84088

Registration Information:
https://utahonehealthsymposium2018.eventbrite.com
MOVE UTAH SUMMIT 2018

The Move Utah Summit will bring together key decision makers in Utah's transportation and health sectors to focus on building active, healthy and connected communities. The summit will provide unique opportunities for attendees to learn what they can do to lead the way in making a difference.

The Move Utah Summit is being held in conjunction with the Women in Transportation Seminar (WTS) Northwest Region Conference. This is an event you won’t want to miss.

To Register:
https://www.eventbrite.com/o/udot-uta-wfrc-mag-udoh-get-healthy-utah-17428817648
1. Where do you currently work/go to school? I have worked at the Utah County Health Department for 19 years doing something of everything in Health Promotion. For most of the time I have been worked with Chronic Disease Prevention. Currently I am the Director of Health Promotion.

2. Why did you choose to pursue public health as your profession? The topic of health has always been of interest to me, so I naturally drifted toward studying health topics while earning my undergraduate degree (at that time I wasn’t even sure what public health was). Now it is my passion and I love going to work every day. There is always something new to learn and challenges to meet. Never a dull moment.

3. What is your favorite vacation spot? So far I have loved Hawaii, but I would love to visit Niagara Falls. Usually my vacation time is spent visiting my daughter and four grandchildren in California and that is hard to beat.

4. What time do you typically go to bed and get up in the morning? I am definitely an “early to bed-early to rise” person. I love the early morning when the day starts over fresh.

5. If money weren’t an issue right now, what would you be doing? I’d be doing what I am doing now at work, but I would have a better car, house and clothes, maybe!

6. What has been the most rewarding project you’ve worked on as a public health professional? I have done some exciting things such as the 2002 Salt Lake City Olympics and the Gold Medal Mile Event, but I think the best is yet to come.

7. If you could eat only one food for the rest of your life, what would it be? Sorry, I have worked in nutrition education too long and I have to have all the food groups! But that being said, I love strawberries, steak, and potatoes (I am from Idaho).

8. What is the best thing you’ve done in your life? Some of the great choices I have made like the person I chose to marry, having children, and going back to school to study public health have worked out the best for me.

9. What do you do to relax? I am a Netflix binge-watcher when I have the time. Also, I love to read.

10. If you could give only one reason why someone should join UPHA, what would it be? You will meet amazing people who do amazing things in public health
1. Where do you currently go to school? University of Utah

2. Why did you choose to pursue public health as your professional degree? I wanted to work in population health to improve quality of health and lives-particularly for women and children. Prior to moving to public health, I worked with individuals. While I loved interacting one on one with patients, I felt that the many health problems could more effectively be addressed on a broader scale at the prevention level rather than the treatment level, which could potentially reduce a lot of suffering as well as enable people to live longer healthy lives.

3. What has been the most rewarding project you’ve worked on as a public health professional, if you have any? The Health 2 Go Project in Ghana has been the most interesting project to this point in my career. The focus is on training and utilizing community health workers to improve access to primary healthcare in the community setting for pregnant women, neonates, and children under age 5. It is very rewarding to see children who received care, who may otherwise have died from easily treatable conditions (malaria, pneumonia, and diarrhea) for no other reason than they live too far from a health facility.

4. What is the best thing you’ve done in your life? First, is raising a family. I have a wonderful husband, two terrific children, and a black lab. Second is deciding to further my education in Public Health. I believe both have allowed me to contribute to society in positive ways.

5. What is your plan for the future? I plan to teach at the university level and do work in global health. Additionally, I’d like to be a stronger advocate to improve the lives of women and children through policy.

6. If you could give only one reason why someone should join UPHA SA, what would it be? In my opinion, the best part of UPHA SA is that it provides the opportunity to meet and build relationships with other public health students and professionals.