UPHA Now Accepting Applications for 2019 Community Grants

The Utah Public Health Association has been working diligently to establish and offer mini grants to communities and individuals for projects that are focused on protecting and improving the health of Utah citizens. **UPHA is pleased to announce the availability of three grants for public health projects. Each grant award will be for $1,000.**

Applications are due by midnight **July 26, 2019.** Please click [HERE](#) to review the instructions, fill out the required project information, and submit a completed application. Preference is given to proposals that demonstrate the following criteria:

- **Feasibility:** The degree by which the proposed project can be implemented effectively with current resources and capacity.
- **Impact:** The potential that the proposed project has to create positive change.
- **Evidence-based:** The proposed project is based on an evidence-based or promising practice, or is contributing to building evidence.

In order to assess these criteria, applicants must provide an overview of their project including details such as the target population, partners involved, potential impact, methods for evaluating project success or outcomes, and evidence that their project has potential to impact the target population. Grantees are given six months to a year to complete their project and are required to give an oral or poster presentation on the outcomes of the project at the 2020 Utah Conference for Public Health. If you have any questions, please contact UPHA’s Fiscal Management Unit Chair, and Member of the Board of Directors, Shaheen Hossain at shossain@utah.gov.

**2019 MINI GRANTS . . . . . . 1**
**UPHA EXECUTIVE BOARD . . . . 1**
**SECTION UPDATES . . . . . 2**
**ADVOCACY UPDATE . . . . . 3-4**
**UPHA ANNOUNCEMENTS 5**
**SPOTLIGHTS . . . . . . . . . 6**
**UPCOMING EVENTS . . . . . 7**

**UPHA Executive Board**

*Find contact information at upha.org/board*

- **President**
  - Sharon Talboys
- **President Elect**
  - Patty Cross
- **Vice President**
  - Rebecca Fronberg
- **Immediate Past President**
  - Anna Dillingham
- **Treasurer**
  - Braden Ainsworth
- **Secretary**
  - Pam Lyon
- **APHA Affiliate**
  - Teresa Garrett
- **Executive Director**
  - Paul Wightman
On June 24th the CHW Section celebrated Alzheimer’s and Brain Awareness Month with a presentation by “Mentes Activas” (Active Minds). It was an amazing meeting where participants learned about controlling the progress of Alzheimer’s Disease. Thanks to everyone who participated in this event!

Check out our UPHA CHW Section and become a member at www.upha.org.

Read more about the CHW movement on the Utah Department of Health Website

Questions? Contact Maria Tetea Woffinden mwoffinden@chc-ut.org or Tessa Acker tacker@utah.gov.

Are you interested in nutrition?
Do you want to be more involved with UPHA?

The Nutrition Section is looking for a Section Chair. Please reach out to Sharon Talboys for more information. Sharon.Talboys@utah.edu
Advocacy Updates

The UPHA Policy Unit invites all UPHA members to join our monthly meetings to plan advocacy events, trainings, and determine legislative priorities. If you would like to be influential in the direction UPHA takes around policy priorities for the year, feel free to join!

WHEN: The 4th Friday each month from 1pm-2pm.

WHERE: 375 Chipeta Way, Suite A, Conference Room 220 (University of Utah Department of Family and Preventive Medicine)
Phone: (801) 587-1478
Click for Skype meeting link

Review meeting agendas, minutes, and other planning documents for the 2019-2020 UPHA Policy Unit activities HERE.

QUESTIONS?

Contact a member of the Policy Unit
Brittany Guerra - BrittanyG@utahcounty.gov
Christy Cushing - ccushing@utah.gov
Carrie Butler - carrie@actionutah.org
Doreen Toomalatai Egan - Doreen.Egan@utah.edu

APHA 2019 Advocacy Priorities

1. Strengthen funding for public health agencies and programs including the Centers for Disease Control and Prevention and the Health Resources and Services Administration

2. Expand access to comprehensive affordable health coverage and services by upholding the Affordable Care Act, supporting innovative efforts to further expand access to coverage and services, and protecting vital safety net programs

3. Support efforts to address the health impacts of climate change

4. Address the public health threats from gun violence by supporting universal background checks and funding for public health research into firearm morbidity and mortality prevention

5. Maintain strong public health regulations and oppose efforts to weaken regulations including those impacting child nutrition, reproductive health, and environmental health and safety

Click for Skype meeting link
Advocacy Updates

UPHA Board members Julie Gast and Teresa Garrett were able to make Hill Visits in Washington DC while attending leadership meetings at the American Public Health Association headquarters. They were there to discuss APHA’s legislative agenda including public health funding, climate change/air quality, and gun violence prevention as well as UPHA’s recently passed Resolution to Educate and Act Regarding Climate Change with staffers from Senator Romney’s office and Representatives McAdam’s and Curtis’s offices. They were even able to grab a picture with Congressman McAdams!

UPHA Board Members Teresa Garrett and Julie Gast with a staff member from Congressman John Curtis’s office (left), Senator Mitt Romney’s office (right), and with Congressman Ben McAdams (below)

Thank you Congressman McAdams for voting to support gun violence research and funding, an APHA legislative priority!

Read UPHA’s Recent Climate Change Resolution Here
UPHA Internship Opportunities Available

UPHA is looking for interns to work with board members on a variety of projects in the following areas: **advocacy, member services, and communications**. If you are interested in seeing how the board of a professional non-profit works, this might be the internship opportunity for you!

An ideal candidate will be an undergraduate in their junior or senior year, or a graduate student. Candidates must be able to work highly independently, with multiple members of the board.

We are seeking people with the following skills and/or an interest in learning: data analysis, data entry, organization, social media, writing, website publishing, and advocacy

UPHA internships are unpaid, however, all expenses and mileage incurred while working on UPHA related projects will be reimbursed. Interns will also receive a complementary UPHA membership and conference registration for the 2019 Utah Conference for Public Health.

The deadline to apply is Sunday, September 16!
Click here for more information, or to apply

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Anna Dillingham
Braden Ainsworth
Pam Lyon
Teresa Garrett**
Paul Wightman
Student Assembly President
Communications Management Unit
Fiscal Management Unit
Policy Management Unit
Marci Harris
JoDee Baker
Julie Gast
Sarah Hodson**
Shaheen Hossain
Turner Bitton
Jaron Halford**
Brittany Guerra
Christy Cushing
Carrie Butler**

**New Board Member in 2019
Board Member Spotlight

Rebecca Fronberg
Utah Department of Health

Rebecca currently works as the Program Manager for the Healthy Living Through Environment, Policy and Improved Clinical Care (EPICC) Program at the Utah Department of Health. She oversees all of the work around improving nutrition and increasing physical activity throughout the life span. Rebecca’s degree is in health education, but public health is so broad and has such a variety of things to educate about that it ended up as an easy fit. She started her public health journey working in air quality, then HIV prevention, and finally physical activity and nutrition. She also worked as a health educator at Hill Air Force Base, teaching tobacco cessation, stress management, and wellness classes. As strange as it sounds, she enjoyed the time she spent giving positive HIV results to clients at the prison. At the time, there was not a lot of compassion shown to people in prison and she was able to deliver hope to a human being and treat them with compassion.

Rebecca loves to travel and explore new places and has a lot of beautiful places still to see. She also loves spending time with her two grandsons. The best thing she has ever done is giving birth to her beautiful children and seeing grandchildren come into the world. To relax, Rebecca teaches yoga and loves to read. If money weren’t an issue, she would teach yoga to people who can’t afford to attend classes at studios and gyms. The world would be a better place if everyone practiced yoga!

Why should someone join UPHA? Because only you know what matters to you, and if there is an issue you are passionate about, UPHA SA can help you advocate for it.

Student Spotlight

Doreen T. Egan
University of Utah PhD Student

Doreen is pursuing a career in public health because of her interest in disaster management, infectious disease, and veteran studies. Her most rewarding public health project has been working with HAZMAT and medical professionals on emergency response in the Wasatch region. She is currently part of a working group on developing public health policy and another on refining chemical detection equipment. It means a lot to her to be a part of these groups and others focusing on sleep, sustainability, and environmental health because she ultimately just wants to keep people safe. She and her husband, Patrick, have two beautiful children. Doreen values time with family and friends. After completing her PhD program, she plans on being more involved in public health research and emergency preparedness within her own community.

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Upcoming Events

5TH ANNUAL UTAH ONE HEALTH SYMPOSIUM

Thursday, November 14, 2019

The special focus this year will be Environmental Health as seen through the lens of local and global issues.

The Utah One Health Symposium is an interdisciplinary program welcoming all One Health professionals including biologists, ecologists, physicians, veterinarians, animal control officers, environmental health, and other public health professionals.

NALOXONE FOR OPIOID OVERDOSE 101

Online Training

How our communities grow directly affects our health and well-being. Last year’s inaugural event brought together over 400 experts and community leaders from across the state to discuss best practices for improving decision-making related to health, transportation and land use.

When: Thursday, September 26, 2019
Where: The Little America Hotel - Salt Lake City

REGISTRATION IS NOW OPEN FOR THE 2019 APHA ANNUAL MEETING

Go to APHA.ORG to learn more.

APHA 2019 ANNUAL MEETING & EXPO PHILADELPHIA | NOV. 2 – 6
CReATING THE HEALTHIEST NATION FOR SCIENCE. FOR ACTION. FOR HEALTH.

REGISTER HERE