

Utah Public Health Association March 2019 E-Newsletter

UPHA AND USOPHE ADVOCACY ACADEMY A SUCCESS



Thank you for all those involved in the UPHA and USOPHE 2019 Advocacy Academy Training. The event included a panel discussion, presentation, networking, and hands-on training and a day at the Capitol on February 13, 2019 at the Salt Lake City Public Library. Out of 104 registered participants, 76 people attended, including UPHA members, USOPHE members, students, and other health professionals. CHES credit was offered for those that attended. A pre-event webinar was hosted to cover three priority issues supported

by UPHA and USOPHE: Medicaid expansion, air quality, and e-cigarette taxes. A recording of the webinar is available here: <https://register.gotowebinar.com/recording/7575123139647006978>

Picture above of “Advocating for Health Panel.” Panelists included Sheila Walsh-McDonald (Utah Department of Health), Debbie Sigman (Breathe Utah), Bill Barnes (Intermountain Healthcare), Jessie Mandle (Voices for Utah Children), and Marc Watterson (American Heart Association). Teresa Garrett (UPHA) is moderating.

UPHA SPONSORS LEGISLATIVE BREAK DURING SESSION

UPHA sponsored a legislative break for state representatives on February 19th to thank them for their service.





TAKE THE BILLION STEP CHALLENGE WITH UPHA-JOIN THE UPHillAthletes

Join the UPHillAthletes!

Sign up for the Billion Steps Challenge [on the MoveSpring website](#) or by downloading the MoveSpring app (available at Google Play or in the App Store). [Click this link here](#) on your mobile phone or computer desktop. If asked, enter "APHA2019" as the organization code for APHA's Billion Steps Challenge. Use the Green Button to join our team The UPHillAthletes (add the The!)

As part of National Public Health Week, the American Public Health Association has issued a challenge to log a billion steps between the beginning of the year and April 1st. With 841,099,993, we are 84% of the way to that goal. The UPHillAthletes are currently in 273rd place of the 4216 teams participating. Please walk with us and remember to log those steps.

For more information about connecting a device click [here to get to APHA's FAQ page](#). Have additional questions about the challenge? Email APHA at nphw.Contest@apha.org

UPHA JOINS APHA FOR NATIONAL PUBLIC HEALTH WEEK APRIL 1-7 EVENTS



How many people have you encountered who don't even know what "public health" is or why it matters? National Public Health Week is the perfect opportunity for us to spread the word about who we are and what we do. There are daily themes, and we will post messages about those themes on Facebook for you to share and repost, as well as posting your own messages. Look for UPHA's Facebook posts each day during NPHW. For those of you on Twitter, please tweet about at least one aspect of Public Health every day during NPHW. The daily themes for NPHW are:

- Monday-Healthy Communities**
- Tuesday-Violence Prevention**
- Wednesday-Rural Health**
- Thursday-Technology and Public Health**
- Friday-Climate Change**
- Saturday & Sunday-Global Health**

There are also Fact Sheets you can share at: <http://www.nphw.org/nphw-2019/fact-sheets>. To learn more about NPHW and how your agency can get involved see: <http://www.nphw.org/about-nphw>



UPHA CALL FOR RESOLUTIONS

UPHA CALL FOR RESOLUTIONS!

Now is your opportunity to propose resolutions to be considered by the UPHA membership at our annual business meeting. If you have a resolution you would like the membership to consider, please send a draft to Heather Borski no later than **Friday, March 29, 2019**. View [examples of previously passed resolutions](#).

A spokesperson for the resolution must be a current paid member of UPHA and will be expected to present the resolution during the annual business meeting during the UPHA conference. Please contact Heather if you have any questions at heatherborski@upha.org or at (801) 538-9998.

UPHA NUTRITION SECTION NEEDS YOUR INPUT

We want your input on topics of interest for our Quarterly Nutrition Talks! Please take this survey so we can better fit the wants and needs of our UPHA members, and provide you with topics that you find informative, beneficial, and of interest. Thank you! <https://www.surveymonkey.com/r/5LV7S5V>

THE HEALTHIER RURAL HEALTH SUMMIT IN SALT LAKE CITY

The Healthier Rural West Summit will take place March 19-21, 2019 at the Little America Hotel in Salt Lake City, Utah. The Summit is a two-day, strategic gathering of stakeholders from across the Rural West that will offer participants an inspiring vision of rural cooperation and leadership in the information and health economies. Get your ticket at www.healthierruralwestsummit.org

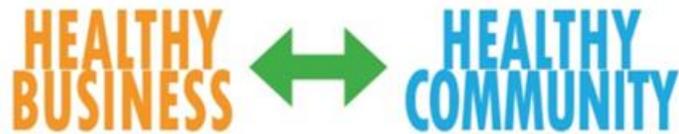
SOPHE 2019 ANNUAL CONFERENCE THIS MONTH

For the first time, the Society of Public Health Educators will bring their national conference to Utah. The annual meeting will take place March 27-29 with pre-conference workshop on March 26th at the Salt Palace Convention Center. [SOPHE Conference 2019](#)

THE BUSINESS OF HEALTH SYMPOSIUM

FREE — REGISTER NOW!

**The Business of Health
Symposium**



Hear from **Utah Lieutenant Governor Spencer Cox** and **Kansas City Chamber Senior VP Scott Hall** about the essential integration of healthy businesses and healthy communities in creating success for everyone.

**Tuesday, April 9, 2019
8:00 a.m. to 11:00 a.m.**

**Viridian Event Center
8030 South 1825 West
West Jordan**

CLICK HERE TO REGISTER

PRESENTED BY



UPHA STUDENT SPOTLIGHT: MARCI HARRIS, MPP, MPH, CPH



1. Where do you currently go to school?

I currently attend the University of Utah and am working towards a PhD in Public Health.

2. Why did you choose to pursue public health as your professional degree?

Policy is what I thought I wanted to do and I was meeting with the advisor for the MPP program. She started by asking me what kind of policy I was interested in and by the time I was done telling her she looked at me and said “You should really look at the Public Health program.” I met with the advisor for the Public Health program and realized I belonged there.

3. What has been the most rewarding project you’ve worked on as a public health professional, if you have any?

I spent six weeks in the summer of 2016 working on multiple Public Health projects in Ghana. It was a great experiencing seeing Public Health at work in a low-income country.

4. What is the best thing you’ve done in your life?

Making it this far in college. I was a teen parent and graduated at 16 with my GED. I never thought I would go to college, let alone make it this far. Getting my education, expanding myself, and my world have been the most rewarding thing I have done for myself.

5. What is your plan for the future?

I hope to use my education and research experience to impact public policy. My goal is to work assisting policy makers and advocating for changes that better our communities.

6. If you could give only one reason why someone should join UPHA SA, what would it be?

UPHA SA is a great way to get involved and connect with the greater Public Health community in Utah.