

Utah Public Health Association (UPHA) –Your Partner & Voice for a Healthier Utah!

UPHA is a leader in public health advocacy, in improving public health practice, and in providing professional development opportunities for its members and the public health community. Founded in 1916, UPHA is the largest public health organization in Utah. It is an affiliate of the American Public Health Association (APHA). Members of the Utah Public Health Association include public health professionals, health educators, doctors, nurses, community leaders, and citizens committed to improving the health of Utahns.

ABOUT US

UPHA is a non-profit organization of public health professionals working for a healthier Utah through advocacy, education and collaboration with public, private and community partners.

OUR GOALS

Prevent, Promote, Protect – The People's Health

- Promote a healthy environment
- Advocate sound public health policy
- Promote services that address personal health needs
- Inform the community about public health issues
- Support the public health workforce

CONTACT US

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LET US WORK TOGETHER!

Building Healthy People in Healthy Communities

Sound public health policies mean healthy communities. Public health is about partnerships & coordinated efforts among all government sectors and communities in improving health.

UPHA is your partner and voice for a healthier Utah. UPHA aims to partner with Utah's state and local legislators, communities, and other sectors in promoting health, preventing disease, and protecting population health through prevention and knowledge grounded on scientific data.

*“Working for a
healthier Utah.”*

Visit our website at:
<http://www.upha.org>



Public Health

Prevent. Promote. Protect.

WHAT IS PUBLIC HEALTH?

Public health is the science and art of preventing disease, prolonging life, and promoting physical health and efficiency through organized community efforts for the –

- sanitation of the environment,
- control of community infections,
- education of the individual in principles of personal hygiene,
- organization of medical & nursing services for the early diagnosis and preventive treatment of disease,

... to ensure to every individual in the community a standard of living adequate for the maintenance of health

-C.E.A. Winslow, 1920

Public health is applying scientific and technical knowledge to prevent disease and promote health.

-The Future of Public Health, *Institute of Medicine*, 1988