

If I asked you to “speak for health” what would you say? I believe UPHA members speak for health all the time - at work, at home, and within our communities. Recently, Patty Cross (Vice President) and I had the opportunity to visit the offices of Mitt Romney and Mike Lee to talk about UPHA’s position on climate change. It was wonderful to take action on behalf of UPHA members. Albeit a bit intimidating, we were armed with facts and state/region specific information from the APHA Speak for Health campaign. We also prepped with UPHA’s Advocacy Unit to review our policy priorities including funding for public health, tobacco, and air quality. In order to speak with one voice, I encourage members to develop resolutions about important public health issues. Once approved by membership, we can solidly declare that we speak on behalf of our membership. I learned a few fun facts about advocacy through this experience and want to pass this learning along:

- If you are a constituent and in D.C., you can meet with someone in your representative’s office (either the elected representative or an aid).
- If you are not sure what to talk about, use information from APHA’s Speak for Health campaign. Learn more [HERE](#).
- You are an expert! You are well-versed in public health and an expert about your community. Identifying yourself as a UPHA member makes you a public health expert in the eyes of lawmakers.

Thank you for being a UPHA member!
-Sharon Talboys, UPHA President

IN THIS ISSUE

PRESIDENT'S MESSAGE 1

SECTION UPDATES 2

ADVOCACY UPDATES 3-4

MEMBERSHIP PLATFORM 5

UPHA ANNOUNCEMENTS 5

SPOTLIGHTS 6

UPCOMING EVENTS 7



Sharon Talboys and Patty Cross at the APHA Affiliate Meeting in Washington DC



Sharon Talboys, Patty Cross, and Senator Mike Lee's aid

UPHA Executive Board

Find contact information at upha.org/board

| | | | |
|--------------------------|------------------|--------------------|------------------|
| President | Sharon Talboys | Treasurer | Braden Ainsworth |
| President Elect | Patty Cross | Secretary | Pam Lyon |
| Vice President | Rebecca Fronberg | APHA Affiliate | Teresa Garrett |
| Immediate Past President | Anna Dillingham | Executive Director | Paul Wightman |

Section Updates

The **CHW Workforce Development Committee** is working to revise the Core Skills Training for CHWs, and hopes to pilot the training in the Fall.

The **Advocacy and Finance Committee** is working on a Return on Investment document to make the case that CHWs help improve health and save money. They are also looking to record stories and interviews of CHWs in the field.

If you want to be interviewed, or know of a community member who has been impacted by a CHW, contact Tessa Acker (tacker@utah.gov).



CHW Upcoming Events

August 27th

CHW Monthly Meeting

November 22nd

CHW Annual Awards Dinner
Doty Education Center, Intermountain
Medical Center

CHW Section Leadership

Chair: Tetea Woffinden
Co-Chair: Simi Poteky
Co-Chair2: Oliney Hernandez
Secretary: Maria Nieto
Treasurer: Marcela Fioramonti
Committee Members: Oreta Tupola, Jeanette Villalta, Tetea Woffinden, Rylee Curtis, Jennifer Puder, Laura Ceron, Melanie Loveland, Paul Wightman, Sara Luque, Lourdes Rangel

Check out our UPHA CHW Section and become a member at www.upha.org.

Read more about the CHW movement on the Utah Department of Health Website

Questions? Contact Maria Tetea Woffinden
mwoffinden@chc-ut.org or
Tessa Acker tacker@utah.gov.



The 2018 UPHA Financial Report is available for members to view [HERE](#).

Advocacy Updates

Take Action Today!



The Trump administration will not be approving the latest Utah Medicaid waiver. The waiver was a part of SB96, the legislation passed during the 2019 legislative session to repeal and replace Proposition 3, a voter-approved initiative to fully expand Medicaid. Included in the fourth substitute of SB 96 were a couple of fall back options for an event such as this.

The SB96 backup plan is closer to the spirit of what Utah voters approved last November and we need your help to make sure that legislators don't sidestep full expansion again.

Click [HERE](#) to contact your elected officials and respectfully insist they quickly implement the backup plan they passed into law.



APHA 2019 Advocacy Priorities

- 1** Strengthen funding for public health agencies and programs
- 2** Expand access to comprehensive affordable health coverage and services
- 3** Support efforts to address the health impacts of climate change
- 4** Address the public health threats from gun violence
- 5** Maintain strong public health regulations and oppose efforts to weaken regulations

Both the Senate and House are out of session from Aug. 5 - Sept. 9th, which means it is a great time to reach out using the APHA's Speak for Health advocacy tools. [Lern more HERE.](#)



AN INITIATIVE OF THE
AMERICAN PUBLIC HEALTH ASSOCIATION



Advocacy Updates

JOIN THE TEAM TODAY



The UPHA Policy Unit invites all UPHA members to join our monthly meetings to plan advocacy events, trainings, and determine legislative priorities. If you would like to be influential in the direction UPHA takes around policy priorities for the year, feel free to join!

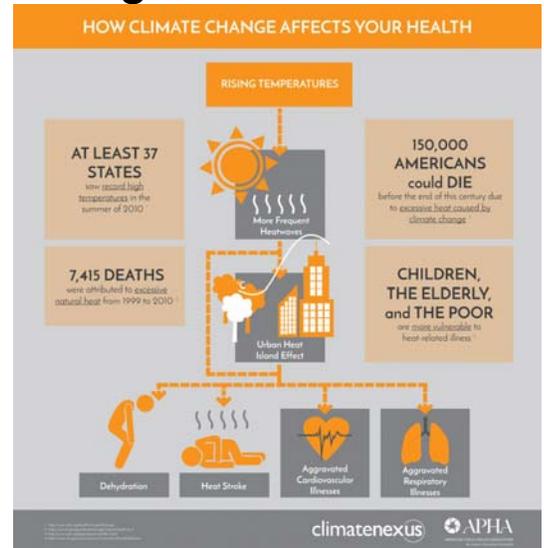
WHEN: The 4th Friday each month from 1pm- 2pm.
WHERE: 375 Chipeta Way, Suite A, Conference Room 220 (University of Utah Department of Family and Preventive Medicine)
 Phone: (801) 587-1478
[Click for Skype meeting link](#)

Review meeting agendas, minutes, and other planning documents for the 2019-2020 UPHA Policy Unit activities [HERE](#).

QUESTIONS?

Contact a member of the Policy Unit
 Brittany Guerra - BrittanyG@utahcounty.gov
 Christy Cushing - ccushing@utah.gov
 Carrie Butler - carrie@actionutah.org
 Doreen Toomalatai Egan - Doreen.Egan@utah.edu

Read UPHA's Recent Climate Change Resolution Here



Advocacy Bootcamp

This 5-part workshop will demystify the political and elections systems and teach Utahns from both sides of the aisle how to embrace advocacy in order to confidently and meaningfully engage the politics that impact their lives and truly be a part of representative government.

Dates: This workshop is a 5-part course, with sessions every Thur., Sept 5 - Oct 3 from 6:30-8:30pm
Registration: Early bird price \$99 (through August 8th); \$125 thereafter.
[Click HERE](#) to register or for more information.



UPHA Internship Opportunities Available

UPHA is looking for interns to work with board members on a variety of projects in the following areas: **advocacy, member services, and communications**. An ideal candidate will be an undergraduate in their junior or senior year, or a graduate student. Candidates must be able to work highly independently, with multiple members of the board. We are seeking people with the following skills and/or an interest in learning: data analysis, data entry, organization, social media, writing, website publishing, and advocacy. UPHA internships are unpaid, however, all expenses and mileage incurred while working on UPHA related projects will be reimbursed. Interns will also receive a complementary UPHA membership and conference registration for the 2019 Utah Conference for Public Health.

The deadline to apply is Sunday, September 16!
Click here for more information, or to apply.

New UPHA Membership Platform

We are very excited to inform you that UPHA is migrating to a new membership platform called **MemberClicks**. Look forward to:

- Automated membership renewal notifications
- Directory functionality to help UPHA members connect with each other

Keep an eye out for an email coming soon from our new system, inviting you to go to the UPHA MemberClicks site to create a password for your new account.

If you need to renew your membership, look for a reminder email to follow shortly thereafter.



UPHA Board Members

Find contact information at upha.org/board

| | | | |
|--------------------------|--------------------|--------------------------------|-----------------|
| President | Sharon Talboys | Student Assembly President | Marci Harris |
| President Elect | Patty Cross | Communications Management Unit | JoDee Baker |
| Vice President | Rebecca Fronberg** | | Julie Gast |
| Immediate Past President | Anna Dillingham | Fiscal Management Unit | Sarah Hodson** |
| Treasurer | Braden Ainsworth | | Shaheen Hossain |
| Secretary | Pam Lyon | Policy Management Unit | Turner Bitton |
| APHA Affiliate | Teresa Garrett** | | Jaron Halford** |
| Executive Director | Paul Wightman | | Brittany Guerra |
| | | | Christy Cushing |
| | | | Carrie Butler** |

**New Board Member in 2019

Board Member Spotlight

Christy Cushing

Utah Department of Health



Christy works as a Policy Analyst for the Tobacco Prevention and Control Program at UDOH. She wanted to pursue a career in public health because she is passionate about participating in the dynamic and ever evolving public policy process, both at the state legislature and at the municipal level. Christy loves to travel and learn about history and culture while meeting new people. Some

of her favorite spots include Australia, Hong Kong, Portugal, the White Mountains in New Hampshire, and the Newberry Crater in Oregon. If money weren't an issue, Christy would own multiple hydroponic greenhouses to grow low nickel fruits and vegetables during the off season. She currently loves to grow her own zucchini, which is her favorite food. The best thing she has ever done was being bold 12 years ago and asking some friends if she could join their camping trip to Flaming Gorge where she met her amazing wife Sara. The most rewarding project she's worked on was earlier this year. Christy researched several examples of regulations and ordinances that would have been affected had a version of HB 324 passed with the new preemption language. The first substitute of this bill would have invalidated all existing Utah municipal tobacco control policies and prohibited the adoption of any new local tobacco control policy in the state. Whereas the final fourth substitute passed and gradually increases the age at which an individual can purchase tobacco products in Utah to 21 and doesn't impact current and future local tobacco control policies.

Why should someone join UPHA? Joining UPHA is a fantastic way to connect with other public health professionals and stay updated on the myriad of Utah health policy issues.

Student Spotlight

Abigail Norton

Brigham Young University Student



Abigail Norton is a student at BYU. She is pursuing a degree in public health because of her passion for suicide prevention and mental health awareness. She currently works for Hope4Utah as the International Support Liaison. Every day Abigail has the opportunity to help start Hope Squads

(student suicide prevention groups) across the US and internationally. One of the best things Abby has ever done was study abroad in New Zealand. In the future she wants to work in the field of suicide prevention and maybe start a foundation.

Why should someone join UPHA SA? Networking! UPHA SA gives you the opportunity to meet people and make connection with others in the field, which is invaluable!

★ ★ ★
NACCHO

ROOTS OF HEALTH INEQUITY

ON ONLINE LEARNING COURSE TO EXPLORE
ROOT CAUSES OF INEQUITY IN THE
DISTRIBUTION OF DISEASE, ILLNESS, AND
DEATH. CLICK TO LEARN MORE.

FUNDED BY THE NATIONAL CENTER FOR
MINORITY HEALTH AND HEALTH DISPARITIES
AND NATIONAL INSTITUTES OF HEALTH.

Upcoming Events

5TH ANNUAL

UTAH ONE HEALTH SYMPOSIUM

Thursday, November 14, 2019

The special focus this year will be **Environmental Health as seen through the lens of local and global issues.**

The Utah One Health Symposium is an interdisciplinary program welcoming all One Health professionals including biologists, ecologists, physicians, veterinarians, animal control officers, environmental health, and other public health professionals.

Naloxone for Opioid Overdose 101

Online Training
naloxone.utah.gov/n-training

Description:
 What opioids are and how they work, the signs of an opioid overdose, what naloxone is and how it works, when and how to use naloxone and Utah laws related to naloxone.

15-20 minutes

For everyone including the general public, first responders and public safety officers.

Utah Women's Policy Conference

Thursday, August 15
 8 AM - 5 PM
 &
 Friday, August 16
 8:30 AM - 1:30 PM

JADEN Event Center
 at Trolley Square
 Salt Lake City



\$60 registration for YWCA Utah Members
\$70 registration for Non-Members
\$20 Public Official of the Year Luncheon Only

If you seek policy solutions to complex issues affecting Utah women and their families, YWCA Utah's second annual Utah Women's Policy Conference is for you. The Utah Women's Policy Conference is an opportunity to elevate the conversation around critical issues, develop shared understanding, and explore lasting and inclusive change for women, girls, and families in Utah.

For more information or to register visit ywcautah.org



ACTIVE, HEALTHY, CONNECTED COMMUNITIES

How our communities grow directly affects our health and well-being. Last year's inaugural event brought together over 400 experts and community leaders from across the state to discuss best practices for improving decision-making related to health, transportation and land use.

When: Thursday, September 26, 2019

Where: The Little America Hotel - Salt Lake City

REGISTER HERE

APHA 2019
 ANNUAL MEETING & EXPO
 PHILADELPHIA | NOV. 2-6
 CREATING THE HEALTHIEST NATION:
 FOR SCIENCE. FOR ACTION. FOR HEALTH.

Registration is now open for the 2019 APHA Annual Meeting
 Go to APHA.ORG to learn more.