

UPHA Now Accepting Applications for 2019 Community Grants

The Utah Public Health Association has been working diligently to establish and offer mini grants to communities and individuals for projects that are focused on protecting and improving the health of Utah citizens. **UPHA is pleased to announce the availability of three grants for public health projects. Each grant award will be for \$1,000.**

Applications are due by midnight **July 26, 2019**. Please click [HERE](#) to review the instructions, fill out the required project information, and submit a completed application. Preference is given to proposals that demonstrate the following criteria:

Feasibility: The degree by which the proposed project can be implemented effectively with current resources and capacity.

Impact: The potential that the proposed project has to create positive change.

Evidence-based: The proposed project is based on an evidence-based or promising practice, or is contributing to building evidence.



In order to assess these criteria, applicants must provide an overview of their project including details such as the target population, partners involved, potential impact, methods for evaluating project success or outcomes, and evidence that their project has potential to impact the target population. Grantees are given six months to a year to complete their project and are required to give an oral or poster presentation on the outcomes of the project at the 2020 Utah Conference for Public Health. If you have any questions, please contact UPHA's Fiscal Management Unit Chair, and Member of the Board of Directors, Shaheen Hossain at shossain@utah.gov.

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UPHA Executive Board

Find contact information at upa.org/board

President	Sharon Talboys	Treasurer	Braden Ainsworth
President Elect	Patty Cross	Secretary	Pam Lyon
Vice President	Rebecca Fronberg	APHA Affiliate	Teresa Garrett
Immediate Past President	Anna Dillingham	Executive Director	Paul Wightman

Section Updates



On June 24th the CHW Section celebrated Alzheimer's and Brain Awareness Month with a presentation by "Mentes Activas" (Active Minds). It was an amazing meeting where participants learned about controlling the progress of Alzheimer's Disease. Thanks to everyone who participated in this event!

Check out our UPHA CHW Section and become a member at www.upta.org.

Read more about the CHW movement on the Utah Department of Health Website

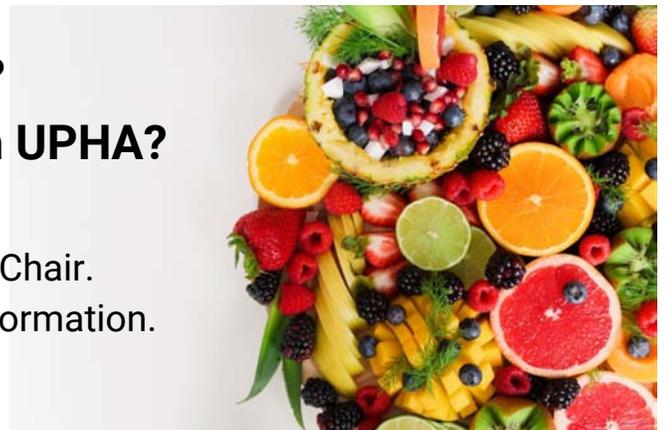
Questions? Contact Maria Tetea Woffinden
mwoffinden@chc-ut.org or
Tessa.Acker.tacker@utah.gov.

CHW Section Leadership

Chair: Tetea Woffinden
Co-Chair: Simi Poteky
Co-Chair2: Oliney Hernandez
Secretary: Maria Nieto
Treasurer: Marcela Fioramonti
Committee Members: Oreta Tupola, Jeanette Villalta, Tetea Woffinden, Rylee Curtis, Jennifer Puder, Laura Ceron, Melanie Loveland, Paul Wightman, Sara Luque, Lourdes Rangel

Are you interested in nutrition? Do you want to be more involved with UPHA?

The Nutrition Section is looking for a Section Chair. Please reach out to Sharon Talboys for more information.
Sharon.Talboys@utah.edu



Advocacy Updates

JOIN THE TEAM TODAY



The UPHA Policy Unit invites all UPHA members to join our monthly meetings to plan advocacy events, trainings, and determine legislative priorities. If you would like to be influential in the direction UPHA takes around policy priorities for the year, feel free to join!

WHEN: The 4th Friday each month from 1pm- 2pm.

WHERE: 375 Chipeta Way, Suite A, Conference Room 220 (University of Utah Department of Family and Preventive Medicine)
Phone: (801) 587-1478
Click for Skype meeting link

Review meeting agendas, minutes, and other planning documents for the 2019-2020 UPHA Policy Unit activities [HERE](#).

QUESTIONS?

Contact a member of the Policy Unit
Brittany Guerra - BrittanyG@utahcounty.gov
Christy Cushing - ccushing@utah.gov
Carrie Butler - carrie@actionutah.org
Doreen Toomalatai Egan - Doreen.Egan@utah.edu

APHA 2019 Advocacy Priorities

- 1** Strengthen funding for public health agencies and programs including the Centers for Disease Control and Prevention and the Health Resources and Services Administration
- 2** Expand access to comprehensive affordable health coverage and services by upholding the Affordable Care Act, supporting innovative efforts to further expand access to coverage and services, and protecting vital safety net programs
- 3** Support efforts to address the health impacts of climate change
- 4** Address the public health threats from gun violence by supporting universal background checks and funding for public health research into firearm morbidity and mortality prevention
- 5** Maintain strong public health regulations and oppose efforts to weaken regulations including those impacting child nutrition, reproductive health, and environmental health and safety



Advocacy Updates

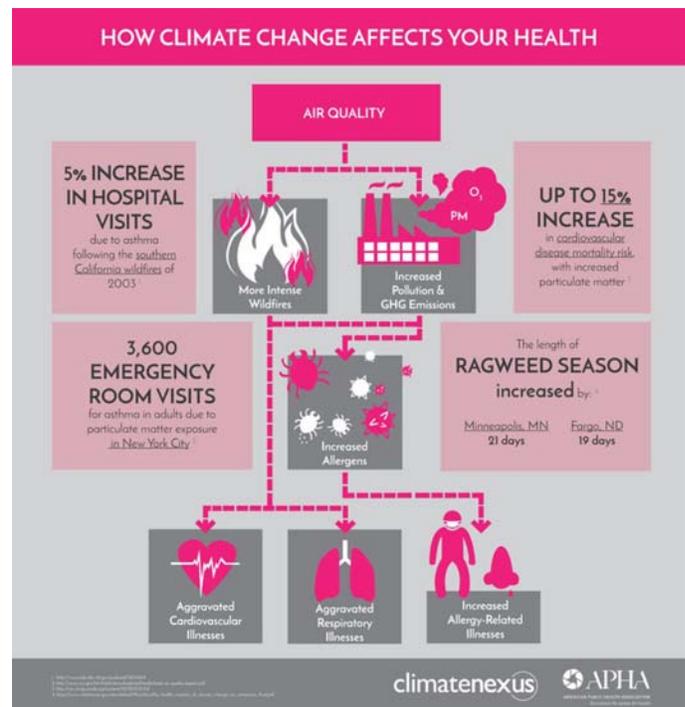
UPHA Board members Julie Gast and Teresa Garrett were able to make Hill Visits in Washington DC while attending leadership meetings at the American Public Health Association headquarters. They were there to discuss APHA's legislative agenda including public health funding, climate change/air quality, and gun violence prevention as well as UPHA's recently passed Resolution to Educate and Act Regarding Climate Change with staffers from Senator Romney's office and Representatives McAdam's and Curtis's offices. They were even able to grab a picture with Congressman McAdams!



UPHA Board Members Teresa Garrett and Julie Gast with a staff member from Congressman John Curtis's office (left), Senator Mitt Romney's office (right), and with Congressman Ben McAdams (below)



Thank you Congressman McAdams for voting to support gun violence research and funding, an APHA legislative priority!



Read UPHA's Recent Climate Change Resolution Here

UPHA Internship Opportunities Available

UPHA is looking for interns to work with board members on a variety of projects in the following areas: **advocacy, member services, and communications**. If you are interested in seeing how the board of a professional non-profit works, this might be the internship opportunity for you!

An ideal candidate will be an undergraduate in their junior or senior year, or a graduate student. Candidates must be able to work highly independently, with multiple members of the board.

We are seeking people with the following skills and/or an interest in learning: data analysis, data entry, organization, social media, writing, website publishing, and advocacy

UPHA internships are unpaid, however, all expenses and mileage incurred while working on UPHA related projects will be reimbursed. Interns will also receive a complementary UPHA membership and conference registration for the 2019 Utah Conference for Public Health.

**The deadline to apply is
Sunday, September 16!
Click here for more
information, or to apply**



UPHA Board Members

Find contact information at upha.org/board

President	Sharon Talboys	Student Assembly President	Marci Harris
President Elect	Patty Cross	Communications Management Unit	JoDee Baker
Vice President	Rebecca Fronberg**		Julie Gast
Immediate Past President	Anna Dillingham		Sarah Hodson**
Treasurer	Braden Ainsworth	Fiscal Management Unit	Shaheen Hossain
Secretary	Pam Lyon		Turner Bitton
APHA Affiliate	Teresa Garrett**		Jaron Halford**
Executive Director	Paul Wightman	Policy Management Unit	Brittany Guerra
			Christy Cushing
			Carrie Butler**

**New Board Member in 2019

Board Member Spotlight

Rebecca Fronberg

Utah Department of Health



Rebecca currently works as the Program Manager for the Healthy Living Through Environment, Policy and Improved Clinical Care (EPICC) Program at the Utah Department of Health. She oversees all of the work around improving nutrition and increasing physical activity throughout the life span. Rebecca's degree is in

health education, but public health is so broad and has such a variety of things to educate about that it ended up as an easy fit. She started her public health journey working in air quality, then HIV prevention, and finally physical activity and nutrition. She also worked as a health educator at Hill Air Force Base, teaching tobacco cessation, stress management, and wellness classes. As strange as it sounds, she enjoyed the time she spent giving positive HIV results to clients at the prison. At the time, there was not a lot of compassion shown to people in prison and she was able to deliver hope to a human being and treat them with compassion.

Rebecca loves to travel and explore new places and has a lot of beautiful places still to see. She also loves spending time with her two grandsons. The best thing she has ever done is giving birth to her beautiful children and seeing grandchildren come into the world. To relax, Rebecca teaches yoga and loves to read. If money weren't an issue, she would teach yoga to people who can't afford to attend classes at studios and gyms. The world would be a better place if everyone practiced yoga!

Why should someone join UPHA? UPHA is a wonderful organization to meet like minded people who seek to make the world a better place through public health.

Student Spotlight

Doreen T. Egan

University of Utah PhD Student

Doreen is pursuing a career in public health because of her interest in disaster management, infectious disease, and veteran studies. Her most rewarding public health project has been working with HAZMAT and medical professionals on emergency response in the Wasatch region. She is currently part of a working group on developing public health policy and another on refining chemical detection equipment. It means a lot to her to be a part of these groups and others focusing on sleep, sustainability, and environmental health because she ultimately just wants to keep people safe. She and her husband, Patrick, have two beautiful children. Doreen values time with family and friends. After completing her PhD program, she plans on being more involved in public health research and emergency preparedness within her own community.

Why should someone join UPHA SA? Because only you know what matters to you, and if there is an issue you are passionate about, UPHA SA can help you advocate for it.



Upcoming Events

5TH ANNUAL

UTAH ONE HEALTH SYMPOSIUM

Thursday, November 14, 2019

The special focus this year will be **Environmental Health as seen through the lens of local and global issues.**

The Utah One Health Symposium is an interdisciplinary program welcoming all One Health professionals including biologists, ecologists, physicians, veterinarians, animal control officers, environmental health, and other public health professionals.

Naloxone for Opioid Overdose 101

Online Training

naloxone.utah.gov/n-training

Description:
 What opioids are and how they work, the signs of an opioid overdose, what naloxone is and how it works, when and how to use naloxone and Utah laws related to naloxone.

15-20 minutes

For everyone including the general public, first responders and public safety officers.

APHA 2019

ANNUAL MEETING & EXPO
 PHILADELPHIA | NOV. 2 – 6

CREATING THE HEALTHIEST NATION:
 FOR SCIENCE. FOR ACTION. FOR HEALTH.

Registration is now open for the 2019 APHA Annual Meeting
 Go to APHA.ORG to learn more.

ACTIVE, HEALTHY, CONNECTED COMMUNITIES

How our communities grow directly affects our health and well-being. Last year’s inaugural event brought together over 400 experts and community leaders from across the state to discuss best practices for improving decision-making related to health, transportation and land use.

When: Thursday, September 26, 2019
 Where: The Little America Hotel - Salt Lake City

REGISTER HERE