



President's Message

Celebration is in order for our wonderful organization, which is aging very well in its 103rd year of operation. Despite UPHA's age, I see signs that UPHA is in the adolescent phase of its life-span. This is partly due to my optimism that UPHA will operate for at least 500 years. It is also due to our organization's significant changes and growth. Examples include the rapid growth and maturation of the Student Assembly and the Community Health Worker Section which just held a wonderful conference. Internal changes include the development of a new website, logo, and a new membership system, all of which will roll out this year. You may have noticed a significant jump in our social media presence, thanks to our great communications team. We understand that adolescents thrive in environments with strong traditions and sense of community. Our community was celebrated at the recent Utah Public Health Conference in Ogden, including the UPHA Awards Ceremony in Ogden.

I want to personally congratulate Teresa Garrett as the winner of the prestigious Beatty Award. Teresa, you are officially an elder of the UPHA family! We are strengthened by our diverse members, including public health professionals, health educators, doctors, nurses, community health workers, community leaders, and anyone committed

to improving health. We are able to function and offer programming through individual membership and sponsoring organizations. I encourage you to get involved in UPHA through our various committees. Do you have a resolution to propose? An issue for which you can help us advocate? An interest group to propose? A new prospective member to invite? Please know that UPHA is a platform for you to do great work and our programming is 100% volunteer.

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2019 Conference Report



The 2019 UPHA Conference was held April 24-26 at the Ogden Eccles Conference Center. Over 300 participants had the opportunity to network with fellow public health peers from diverse sectors, learn from prominent local and national public health leaders, learn about current and cutting edge issues and practices in public health, and develop professional skills and knowledge.

Thank you to the conference sponsors: Utah Department of Health, University of Utah Division of Public Health, Intermountain Healthcare, Salt Lake County Health Department, BYU MPH Program, Utah Association of Local Health Departments, Get Healthy Utah, and Westminster College.

2019 Award Winners



UPHA recognizes the outstanding efforts of organizations and individuals in the community that work hard to improve lives in Utah. These are true leaders of the public's health.

Congratulations to all the 2019 award and scholarship winners!

- Rising Star—Nathan Malan
- Executive Director's Award—Heather Borski
- Public Health Hero: Public Health Individual—Anna Fondario
- Youth Award—Island Teens Advocacy Team (ITAT)
- Public Health Hero: Community Individual—Mary Nickles
- Public Health Hero: Group/Organization—Healthy Riverton
- Beatty Award—Teresa Garrett
- President's Award—Susan Cheever

- Scholarship winners (not pictured):**
- UPHA Meghan Arnold Emerging Leader Conference Scholarship: Feli Anne Hipol
 - University of Utah Scholarship: Austin West
 - Westminster Scholarship: Christine Scordas



Pamela Aaltonen, APHA President, Jim VanDerslice, Interim Chair, UofU Division of Public Health, and Joyce Gaufin, former APHA and UPHA president, at the reception hosted by the UofU.



Conference planning committee members Sharon Talboys, Nick Rupp, Ashely Hall, Linda Bogdano, Stephanie Hart, Leanne Johnson, and Heather Edwards.

Section Updates

CHW Section

By, Tetea Woffinden

CHWs from different areas gathered to connect, share resources, and find ways to improve services for their communities in the areas of health, finance, workforce, advocacy, and even policy. CHWs were able to collect information that met the needs of their clients as well as information on trainings and certification to build capacity in the CHW workforce. We thank Tessa Acker of the Utah Department of Health Community Health Worker Coalition and her committee members for their hard work in putting this event together. We are grateful for the UPHA CHW Section who support CHWs across the state. Elevating the work of CHWs in Utah has been a journey, but it is also a movement that many have worked hard for and are dedicated to promoting more knowledge about who CHWs are, what they do, and how effective their work is around community engagement, social justice, community trust, and social determinants of health. With a vision of one woman, a promotora Jeannette Villalta, and a following of supporters CHWs are becoming a highly sought out members of care teams across the state!

The CHW Elevated Event was a Success!



Check out our UPHA CHW Section and become a member at www.upta.org.

Read more about the CHW movements on the Utah Department of Health Website

Questions? Contact Maria Tetea Woffinden
mwoffinden@chc-ut.org or
 Tessa Acker tacker@utah.gov.

CHW Section Leadership

Chair: Tetea Woffinden

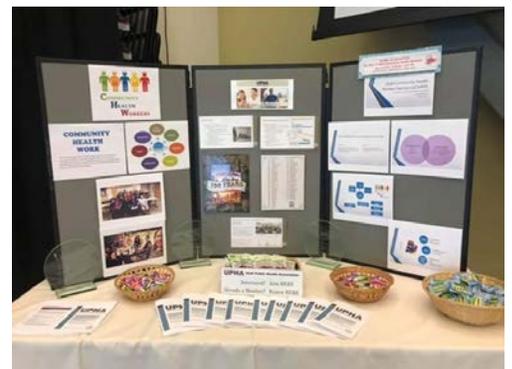
Co-Chair: Simi Poteky

Co-Chair2: Oliney Hernandez

Secretary: Maria Nieto

Treasurer: Marcela Fioramonti

Committee Members: Oreta Tupola, Jeanette Villalta, Tetea Woffinden, Rylee Curtis, Jennifer Puder, Laura Ceron, Melanie Loveland, Paul Wightman, Sara Luque, Lourdes Rangel



Section Updates

Immunization Special Interest Group

The UPHA Immunization Special Interest Group, along with the Greater Salt Lake Immunization Coalition, hosted their annual conference on April 19th at the Viridian Event Center in West Jordan. The conference focused on immunization challenges facing specific demographics and discussed the most up-to-date immunization information.

The low-cost conference brought together nurses, nurse practitioners, pharmacists, physician assistants, DoD paraprofessionals, medical students, medical office staff, and state and local immunization programs. The theme of the conference was **You Are the Key!** The speakers helped attendees take ownership in being the key to protecting children, adolescents, and adults from vaccine preventable diseases. Sponsors and exhibitors participated and provided attendees with information on immunization related materials.



You Are the Key

More details on this event will be included in the July E-Newsletter.

Thank you



#AJPHPhotoContest

Aug. 15-Sept. 15



The #AJPHPhotoContest is back! The latest round of Instagram photo contest is focused "Disasters Happen. Prepare now. Learn How." Show us your best three pictures that communicate how your community is affected by disasters, how it's preparing and how it's helping others. Your photo could be featured in APHA's American Journal of Public Health! (And you'll help raise awareness about being ready for disasters, which ties into National Preparedness Month in September.) Submit your original photo via Instagram with the hashtag #AJPHPhotoContest and tag @americanpublichealth.

The deadline is Saturday, Sept. 15.

Advocacy Updates

GET READY!

JOIN THE TEAM TODAY



Communicating health messages to the public through the media is an important public health challenge. Ready to get your advocacy skills humming before the next legislative session? Want to engage in public discourse with letters to the editor, tweet storming or some other new-fangled social media effort? Thinking to yourself - man, that summer air pollution really has me fired up. Or, geez, why is housing so expensive and why can't we get them to understand housing is health? Oh, and don't get me started on measles and immunizations people.

If any of this (or more) is crossing your mind and you want to be part of a letter-to-the-editor/social media storm team, let me know! Every month, I receive a great list of topics and resources from our peers at Action Utah. Let's join forces and spread great public health messages.

Email me and let's start something big!
teresa.garrett@nurs.utah.edu

LEARN MORE ABOUT
APHA ACTION ALERTS

Letter to the Editor

May 22, 2019

Teresa Garrett, RN, DNP



Preventing Measles Takes Action - Yours

There's a persistent ticking in the room. Can you hear it? It's not the clock, it's scary, and it's measles. Yes, measles, and it's coming back. You can help stop the ticking before it gets too much louder and disaster strikes. To date, 880 cases of measles have been detected in 24 states in 2019. Worldwide, over 170 countries report measles cases every year.

The risks from measles are real in your family and community. Measles is highly contagious. All babies under 15 months of age are completely vulnerable and unprotected. About 50% of toddlers under 2 aren't vaccinated to prevent this dangerous viral infection. These facts put Utahns, especially the very young, directly in the path of a preventable disease that causes ear infections, pneumonia, seizures, and deafness.

Interested in making the ticking stop? First, the measles vaccine is safe and 97% effective. If you were born after 1957, learn about your immunity from a health provider or just get a shot and protect young children. Parents, double check your children's vaccination status – ensure they have received at least 2 doses of the MMR vaccine.

Preventing measles is a matter of time and it's a matter of action. Tick, tick, tick.

[View Salt Lake Tribune article here](#)

UPHA Climate Change Resolution



Resolution to Educate and Act Regarding Climate Change Utah Public Health Association April 2019

Approved by the Utah Public Health Association 2019 April 26 Ogden, Utah
Submitted by: Richard Spencer Valentine L.E.H.S. and Corbin Anderson L.E.H.S., M.A.

WHEREAS, the Utah Public Health Association (UPHA) approved a resolution to control climate change in 2009, and since that time the situation has worsened considerably. Worldwide emissions of CO₂ from fossil fuel use have increased dramatically from 30 gigatons per year in 2004 to over 37 gigatons in 2018, ambient levels have increased from 384 ppm to 405 PPM; and Whereas, in the intervening years a variety of reports have been issued by authoritative agencies documenting the seriousness of the situation including: A special report issued by the United Nations Intergovernmental Panel on Climate Change (IPCC) in 2018 October indicated that a reduction to 45% from 2010 emissions levels was needed by 2030 to avoid a more than 1.5 degree rise in temperatures.; and A declaration in 2018 by the American Public Health Association (APHA) designating 2018 as the year of climate change (indicating a consensus among Public Health professionals nationally of the seriousness of the issue)

"We're committed to making sure the nation knows about the effects of climate change on health. If anyone doesn't think this is a severe problem, they are fooling themselves." -- APHA Executive Director Georges Benjamin, and;

WHEREAS, any reductions in CO₂ emissions will generally result in concurrent reductions in other pollutants chiefly, particulate matter and ozone, which are known to be an immediate public health concern for areas in Utah.

BE IT THEREFORE RESOLVED THAT: The Utah Public Health Association continue to take steps to increase understanding, action, education, humanitarian response and leadership about climate change and more specifically to encourage all individuals, families, organizations and government bodies in the State of Utah to:

- 1) Increase their understanding of the science of climate change.
- 2) Increase action that includes adopting and implementing environmentally friendly individual, family, corporate and governmental lifestyles and policies that are designed to reduce CO₂ emissions by 10% per year beginning in 2020 and continue to at least 2030.

Further Resolved that: UPHA make climate change a standing Agenda Item at its annual meeting. To monitor and encourage efforts regarding Climate Change in the areas of collaboration, mitigation, adaptation and relief, remediation and HOPE

We are committed to making sure the nation knows about the effects of climate change on health. If anyone doesn't think this is a severe problem, they are fooling themselves.
-APHA Executive Director Georges Benjamin

Board Member Spotlight Carrie Butler, MPP, MPH, CPH



Carrie Butler currently works as the Policy Director for Action Utah. Carrie was the primary caregiver for a loved one who passed away from cancer at a very young age. That led to her interest in Public Health and policy after

experiencing first hand what it looks like to be sick and under insured in the U.S. The most rewarding project Carrie worked on as a public health professional was helping write and pass an environmental stewardship resolution which is the ONLY such resolution in a red state. Carrie's favorite vacation spot is anywhere she hasn't been before. She goes to bed at 10pm at the LATEST and gets up around 7am. If money weren't an issue, she would be doing exactly what she is doing now, but with a few more trips to the ocean worked in! If Carrie could only eat one food for the rest of her life it would be tacos. She once successfully rode a wonder woman vespa on a wine tour in Tuscany. She likes to read historical fiction and listen to 90s rap to relax. **Why does Carrie believe you should join UPHA? So that professionals can have a place to weigh in on good public health policy in the state.**

Congratulations

Student Spotlight Stephanie Castro, Health Society and Policy BS, CPH



Stephanie is a student at the University of Utah. When she first started school, she didn't know that she wanted to do public health until an advisor mentioned that it

would be a good fit. Eventually, she chose public health because of it's multidisciplinary approach to improving the health of the community. As we know public health is everything! The best thing Stephanie ever did was graduating from college with a bachelors. Since her parents didn't know how the school system in the United States worked, navigating the system was left up to the community and her. Stephanie is getting married in the next year and plans to get a PhD in Public Health.

Why does Stephanie believe you should join UPHA SA? For the relationships that you build!

New Board Members

Congratulations to the new UPHA Board Members!

Vice President	Rebecca Fronberg
Affiliate Representative to APHA	Teresa Garrett
Communication Management	Sarah Hodson
Fiscal Management	Jaron Halford
Policy Management	Carrie Butler
Awards Committee	Kellie Furman
Nominations Committee	Kelly Teemant

Upcoming Events



JULY 2019
Nutrition Talk

The nutrition section will be hosting a *Nutrition Talk* in July. For more information, contact Megan Tucker mtucker@slco.org.



**SPEAK FOR HEALTH
ADVOCACY
BOOTCAMP**

WASHINGTON DC
JULY 15-16TH
REGISTRATION DEADLINE:
JUNE 15TH

This event is open only to students and early-career professionals who have graduated within the past five years.

Visit APHA for more information

5TH ANNUAL

UTAH ONE HEALTH SYMPOSIUM

Thursday, November 14, 2019

The special focus this year will be **Environmental Health** as seen through the lens of local and global issues.

The Utah One Health Symposium is an interdisciplinary program welcoming all One Health professionals including biologists, ecologists, physicians, veterinarians, animal control officers, environmental health, and other public health professionals.



APHA 2019
ANNUAL MEETING & EXPO
PHILADELPHIA | NOV. 2 – 6

CREATING THE HEALTHIEST NATION:
FOR SCIENCE. FOR ACTION. FOR HEALTH.

**Registration is now open for the
2019 APHA Annual Meeting
Go to APHA.ORG to learn more.**